

# ROCK CLIMBING FUN DAY

## Information for Rock Climbing Fun Day meeting at Morse Hill

380 Locks Pond Rd, Shutesbury, MA 01072

Sunday, 10:00 am to 3:00 pm.

**WHAT:** Learn the thrill of overcoming fear or finding the best route up the rock cliff as we guide you to safely rock climb. You will be "on belay" which means you will be held by a rope anchored solidly at the top off the cliff. If you are over 14 we can teach you to belay. Those who are interested also can rappel, where we start at the top of the cliff and lower ourselves safely down to the bottom. We provide, helmet, rock climbing shoes, harness, ropes and all necessary hardware.

**WHO:** Age 8 to adult. Children must be accompanied by their parent and we ask that you bring only one guest child per parent.

**REGISTRATION:** Form and payment must be received 2 weeks prior to event! The registration/emergency/release form (from web site-Download Forms Page) must be filled out mailed or emailed to our office.

\*Email: info@morsehill.com

\*Office Address: Morse Hill Outdoor Education Center  
65 Wentworth Drive  
Amherst, MA 01002

**COST:** \$100 per carload \$20 per child age 8-18 \$30 per adult age 19 and over

\*Mail check to office 2 weeks prior to event. Make out to "Morse Hill"

**WHERE:** Meet at the **Morse Hill Outdoor Center, Shutesbury, MA**  
**380 Locks Pond Road in Shutesbury, MA.**

**WHEN:** Please come at 10:00 to Morse Hill for harness and shoe fitting. We finish at 3:00.

\*For information and questions call 253-1807 or email [info@morsehill.com](mailto:info@morsehill.com)

See you soon for a day of fun!

### Pack Check List for Rock Climbing Fun Day

Shoes that are comfortable for a short hike
Extra long sleeve fleece or sweatshirt
Rain coat or poncho
Bug proof clothing or bug spray
Lunch
Plenty of water in reusable container
Extra snacks if necessary